

MENTAL HEALTH STRATEGY 2023-2027



RFS

> IN BRIEF <

Our Commitment

The RFS is committed to supporting the mental health and wellbeing of our members. This is why we've developed our Mental Health Strategy – to provide a roadmap for action over the next five years to achieve our goal of a mentally healthy environment where our members can thrive.

The Strategy has been shaped by an integrated Mental Health Model (Prevent, Promote, Respond, Recover) which aligns to industry best practice and the needs of our members.



How will this help members?



We will increase accessibility for members and their families and clearer pathways to mental health support.



We will provide more opportunities for mental health training and education including suicide awareness programs for members.



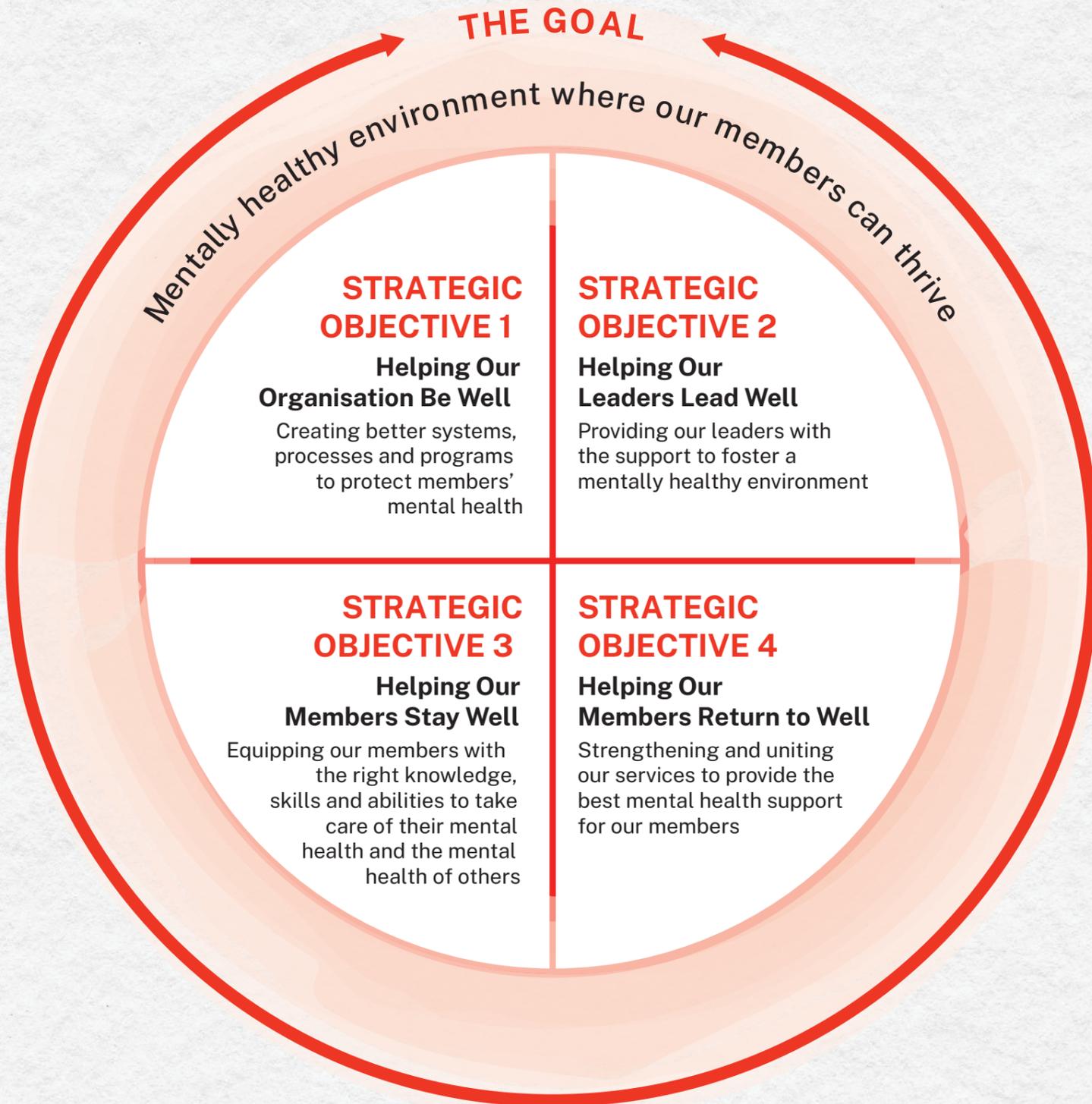
We will have an organisational focus on identifying and managing mental health risks to protect our members.



We will build the capability of leaders to support their own mental health and the mental health of their teams.



We will improve our injury management processes to better support members in their recovery.



Read the entire Mental Health Strategy on One RFS or contact the Mental Health Services team. Scan here for more details:

